

NEWS LETTER



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“A strong community is the greatest gift we can offer our elders — not just to care for them, but to remind them they still belong, still matter, and are still deeply loved.”

Stay tuned to our social media channels for more details and registration information.

Your donations help us continue our vital work. Every contribution makes a difference in the lives of the elders we serve. To donate, visit nsnu.in.



Naya Sawera
Nayee Umang

Beyond Years, Beyond Boundaries

JULY RECAP

July with Naya Sawera Nayee Umang was filled with vibrant community engagement and meaningful celebrations. The month began with the lively Bi-Annual Get Together and National Doctor's Day event on 5th July at Bobachee Restaurant, where members and families reconnected over a joyful lunch and games. Mid-July saw spiritual upliftment through events like Hanuman Path, fostering harmony and collective well-being. Each activity reflected the spirit of togetherness and hope, inspiring volunteers and families alike. As we step into August, we carry forward this enthusiasm—spreading new light, new joy, and renewed commitment to making a difference in our community.

AUGUST PREVIEW

August with Naya Sawera Nayee Umang is set to be memorable, beginning with an exuberant **Raksha Bandhan celebration** at Happy Parents Home, Lucknow, on **7th August** and a soulful **Bhajan session** at Shashiraaj Old Age Home, Delhi, on **14th August**, followed by fruits and Prasad for residents.

Independence Day celebration at Happy Parents Home, Lucknow, on **15th August**. Senior citizens will be honoured and inspired through the “**Senior Champions: Honouring the Golden Years**” event, celebrating resilience and **World Senior Citizens Day** with awards, stories and cultural performances.

Adding further value, Mr. Deepak Saraswat, founder of ElderBlissCare, will share vital insights as guest speaker for the **Elderly Home Care Webinar** on **August 23rd**. Each initiative aims to celebrate, support, and uplift elders—and strengthen the spirit of togetherness in our community. Let's unite and make this August special for our senior members!

समुदाय में वरिष्ठ नागरिक हमारे अनुभव और मार्गदर्शन का अमूल्य स्रोत हैं। उनकी देखभाल और सम्मान से समाज में मजबूती, अपनापन और सकारात्मकता आती है। हम सब मिलकर बुजुर्गों के सुनहरे वर्षों को खुशहाल बना सकते हैं।